



## Heworth Heroes Club Sign-On Form

Name of Player: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

Parent / Guardian: \_\_\_\_\_ Email address: \_\_\_\_\_

Tel No: \_\_\_\_\_ Mobile Tel: \_\_\_\_\_

Emergency contact: \_\_\_\_\_ Relationship to Player: \_\_\_\_\_

Tel No: \_\_\_\_\_ Mobile Tel: \_\_\_\_\_

Doctor: \_\_\_\_\_ Surgery: \_\_\_\_\_

Any medical conditions requiring treatment? No / Yes: \_\_\_\_\_

Any allergies requiring treatment? No / Yes: \_\_\_\_\_

Any relevant disabilities? No / Yes: \_\_\_\_\_

If YES to any of the above please provide details.

### Code of Conduct

- Have FUN, lots of it, enjoy yourself. If you don't enjoy it, tell the coaches or your parents
- Listen to instructions and rules, if you don't understand, ask
- Play because you want to, not to please your coaches or parents or others.
- If anything is worrying you, or you are not enjoying playing, speak to your parents, the Coaches or Club Welfare Officer.
- If you get hurt, tell your coach or parents straight away.
- If you feel tired tell your coaches or parents
- Try your best at all times in training and games. Tell the coaches what you like doing and what you don't like
- Go to training if possible and let your coach know if you can't.
- If you don't understand, ask questions. There is never a silly or wrong question to ask
- Keep the changing rooms clean and look after your club
- Shake hands with the opposition after the game, even if you've lost and are upset.
- Help tidy up after training, don't leave rubbish on the pitches.
- Respect other players - Check they're ok if injured, and look after each other.
- Support your friends and team mates, especially if they make a mistake or are feeling upset.
- Do not swear or use bad language, don't call each other names
- Respect the Coach, Referee and Match Officials – Respect all decisions, remember they are here to enjoy the game and may be children too.
- Play fair - Don't fight or be a dirty player, try and keep your temper under control.
- Don't throw things around that are not meant to be thrown
- Do not bully anybody and report any bullying you see or hear
- Welcome and encourage new players, make new friends, they are ALL your team mates

**PARENTS / CARERS: (remember our club is judged by your actions)**

**WE AGREE TO ABIDE BY THE ZERO TOLERANCE POLICY ON ABUSE AGAINST PLAYERS, REFEREES AND OTHER SUPPORTERS.**

Signed: (Player) \_\_\_\_\_

Date: \_\_\_\_\_

Signed: (Parent/Carer/ \_\_\_\_\_

Date: \_\_\_\_\_

**Confidentiality: Details on this form will be treated appropriately**

CONFIDENTIAL